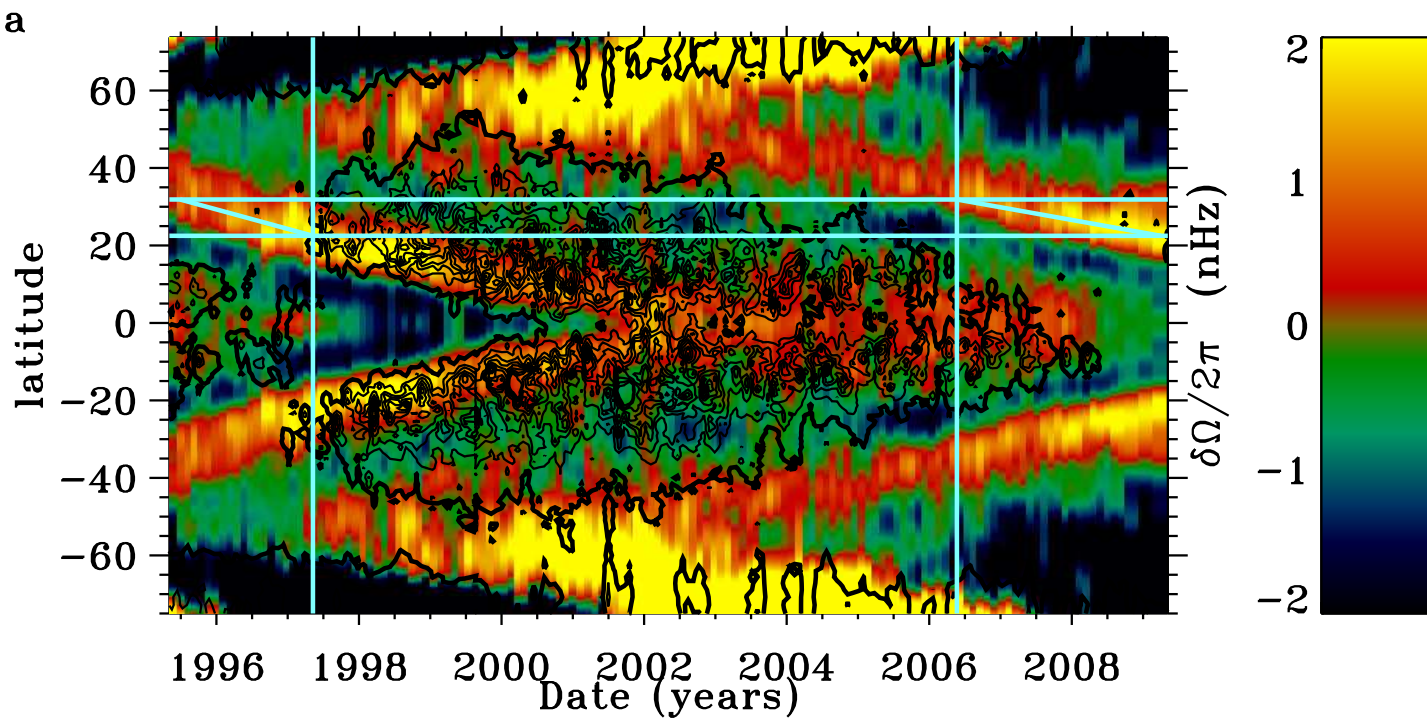
a
60
40
20
0
−20
−40
−60
latitude
1996
1998
2000
2002
2004
2006
2008
Date (years)
δΩ/2π (nHz)
2
1
0
−1
−2